

Do you struggle to get your dragon to eat vegetables?



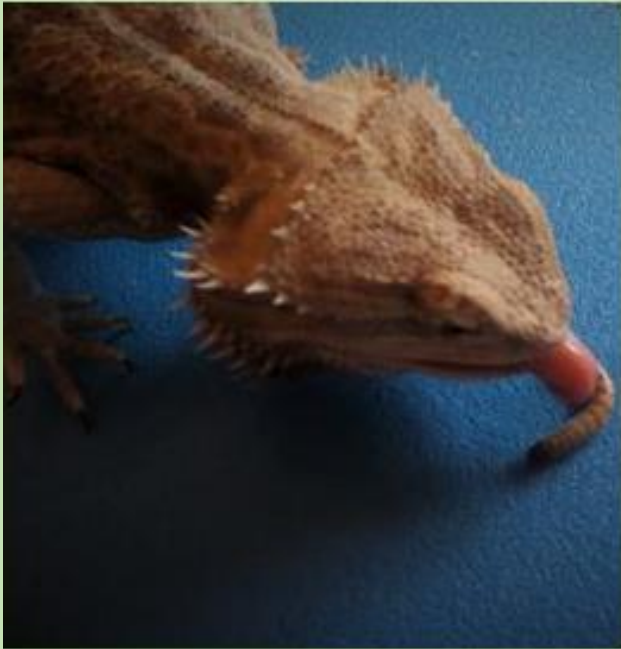
**Try these tips! All are safe to try for adult & baby
Bearded & Rankins Dragons**

1) Withhold bugs until the afternoon.



Dinner before desert! Often if Beardies & Rankins eat bugs in the morning, they will be satisfied and won't bother to touch their salads. Sometimes just like a mother you have to say "no bugs until you eat your veggies!". This is why at Kelowna Bearded Dragons we fill our dragons food dishes with fresh salads in the morning and wait until the afternoon to feed them any bugs. Often they start to feel a bit hungry while waiting for their afternoon bugs and end up munching on their salads.

2) Too much of a good thing



Beardies & Rankins love stuffing their faces with bugs, so much they often don't leave room for their salads. If your dragon is stuffing his/her face with bugs everyday, but not eating any veggies then this is likely a sign you need to cut back on the daily amount of bugs you feed your dragon. Try cutting out 2-5 bugs out of his/her daily diet and see if your dragon shows interest in his/her salads after 5 days of the reduced bugs.

3) Add some colour



Most dragons are attracted to leafy greens. So definitely give those a try! You can also help spark the interest of your dragon by adding some more colour to his/her salad.

For example, you could smush a raspberry into the salad, mix in red peppers, or add some fresh rose petals (make sure they are not sprayed with pesticides)

4) Get it moving!



In the afternoon try throwing your dragon's bugs into the salad dish. Maybe even mix them in a little. Your dragon's interest will be grabbed by the movement of the bugs in the salad dish and he/she may just have to give those forgotten things you call "vegetables" a try. Or at the very least your dragon may accidentally end up with a mouthfull of veggies in the process of trying to catch a bug.

5) Add Bee pollen



Bee pollen is very healthy for Beardies & Rankins! Most beardies are attracted to the smell and taste of bee pollen. Sprinkling some on your dragon's salads can help encourage your dragon to eat more salad. I buy mine through Amazon in Granules and then crush them or put them in the blender to make them into a powder to dust my dragon's salads with. I will include a link in the description.